



USC UNIVERSITY CENTER
FOR EXCELLENCE IN
DEVELOPMENTAL DISABILITIES



USC University of
Southern California

Welcome to the U.S.C. UCEDD Webinar Series for Individuals with Disabilities & Parents

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Your Moderator

Susan Kanegawa

U.S.C. UCEDD Family Support Coordinator

skanegawa@chla.usc.edu

www.uscucedd.org

The **USC University Center of Excellence in Developmental Disabilities at Children's Hospital Los Angeles (U.S.C. UCEDD)** is one of 68 UCEDDs funded to promote systemic change, advocacy, and capacity building in states on behalf of individuals with, or at risk for, developmental, behavioral and/or special health care needs, and their families.

The U.S.C. UCEDD Webinar series is designed to educate the community about current policy issues which impact the lives of people we serve and their families. Our primary audience is individuals with special needs and their families. At this time, our webinars are in English only. We are exploring methods to make this series available in other languages in the future.

Structure and Logistics

During the Webinar



Take notes



Give your opinion



Type your questions

After the Webinar



Take
Survey



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slides



Watch and
Share

Poll:

Can you hear Susan and Bebo?



Let us know in the chat box if we need
to speak louder.

In-Home Supportive Services (I.H.S.S.) For People with Disabilities

Ibrahim “Bebo” K. Saab, Esq.

Clients’ Rights Advocate for the North Los Angeles Regional Center
Office of Clients’ Rights Advocacy

December 15, 2016

The views and opinions expressed in this presentation are the speaker’s own and do not necessarily reflect the views and opinions of the U.S.C. UCEDD or C.H.L.A.

About Ibrahim “Bebo” K. Saab



As an individual with a developmental disability and a consumer of the Regional Center, Mr. Saab serves as the Clients' Rights Advocate, through the Office of Clients' Rights Advocacy (OCRA), for consumers of North Los Angeles County Regional Center. OCRA is a part of Disability Rights California.

Bebo.Saab@DisabilityRightsCA.org

(213) 213-8020

www.DisabilityRightsCA.org



The Office of Clients' Rights Advocacy (OCRA) is funded through a contract with the California Department of Developmental Services. OCRA provides legal services to consumers of all 21 regional centers throughout California. This is done by having a Clients' Rights Advocate (CRA) designated for each regional center catchment area. The CRA can help with legal problems, conduct trainings, and investigate denials of rights. Find your local CRA here: <http://www.disabilityrightscalifornia.org/about/OCRA.htm>

Overview of the Webinar

**What is
I.H.S.S.?**

Eligibility

**Services
available**

**Who
provides
services?**

**How to
apply**

What Is I.H.S.S.?

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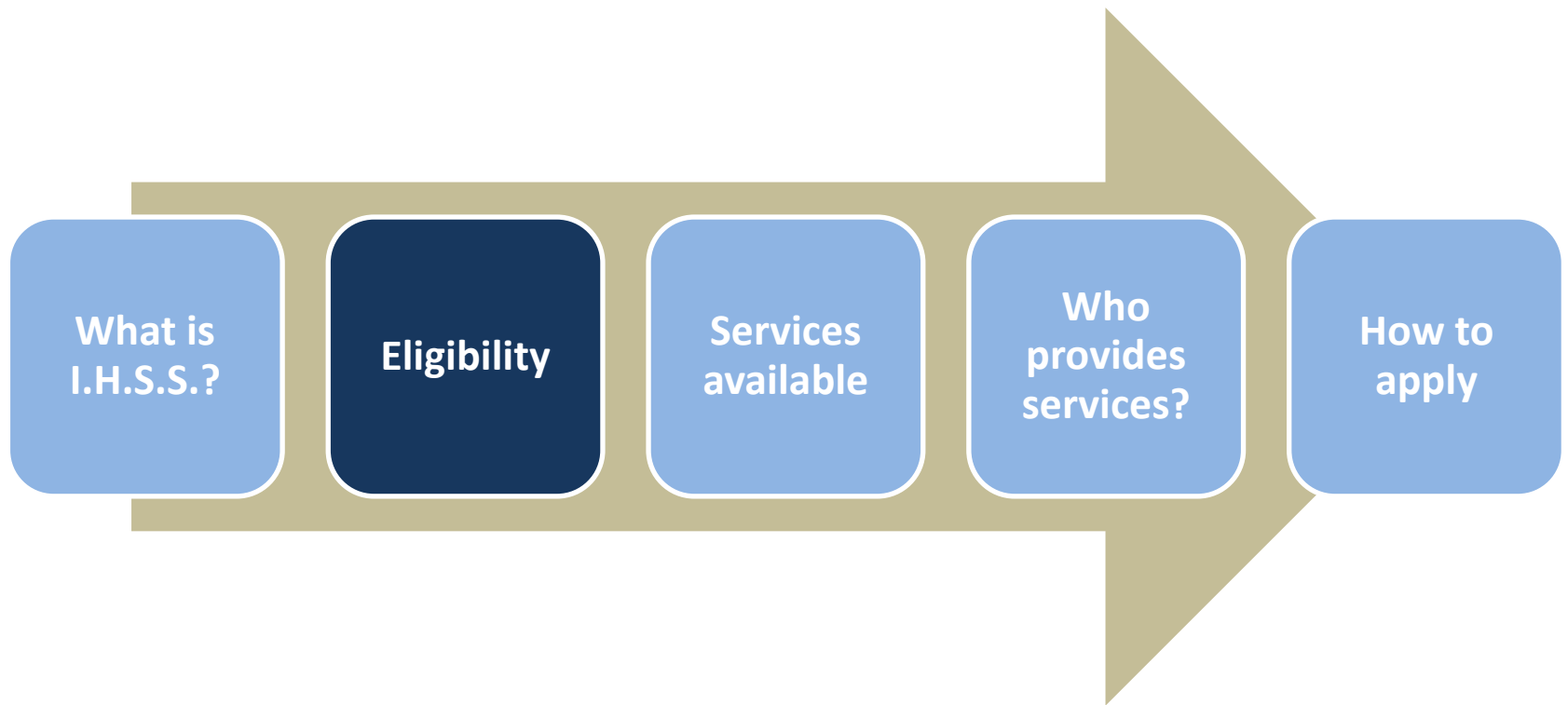
What is I.H.S.S.?

I.H.S.S. is the largest publicly funded, *non-medical* service to help people with disabilities remain in their homes.

I.H.S.S. is administered by each county at the direction of the California Department of Social Services.

- Serves as an alternative for individuals who might otherwise be placed in a facility when they are unable to care for themselves in their own home.
- Allows recipient to “hire” and “fire” his/her own staff.
- The recipient is the employer.
- Maximum hours is 283 per month.

What Are the Eligibility Requirements?



Who is Eligible?

Any California resident is eligible for I.H.S.S. if they:

- are S.S.I./S.S.P. or Medi-Cal eligible.
- are blind, disabled or 65 years of age or older.
- are living in a home, apartment, or abode of their choosing (not including a hospital, nursing home, assisted living or licensed care facility).
- are unable to live safely at home without care.
- *Note:* Residents of long-term care facilities may not receive I.H.S.S. in the facility, but may apply if they are expected to be discharged, so that I.H.S.S. is in place when they return to their homes.

Medi-Cal and I.H.S.S.

- I.H.S.S. is a program funded through Medi-Cal.
- If someone is found eligible for Medi-Cal, this does *not* mean that the person is automatically eligible for I.H.S.S. It just means that they are eligible to **apply** for I.H.S.S.
- To be eligible to apply for I.H.S.S., Medi-Cal eligibility/aid code must be linked to a disability (e.g. S.S.I. eligibility).

Medi-Cal and I.H.S.S.



- Regional Center eligibility does not mean someone automatically qualifies for I.H.S.S.
- Individuals who have Medi-Cal based on adoption assistance and food stamps are not eligible to apply for I.H.S.S. since the aid code is not linked to a disability. A separate disability determination can be requested to get the aid code changed.

What Kinds of Services Are Available?

What is
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services?

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apply

I.H.S.S. and Regional Center Services

I.H.S.S. is considered a *generic resource* for Regional Center services. As the payer of last resort, all available generic resources must be exhausted before any service are funded by Regional Center. For example, this means that if you have both supported living services and I.H.S.S., the I.H.S.S. hours must be counted before the SLS hours.

I.H.S.S. Self-Assessment Chart

Below, and on the first Resources slide (#25), there is a link to a Self-Assessment Packet developed by Disability Rights. Use this to prepare for the visit from the I.H.S.S. worker who will assess your eligibility.

<http://www.disabilityrightsca.org/pubs/501301.pdf>

SERVICES	DAYS							WEEKLY TOTAL
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
* Domestic Services: For adults only. Children are not eligible to receive domestic service hours. Domestic services are usually limited to 6 hours per month per household and divided by the number of people in the household. If you need more hours of domestic services because of the recipient's disability (e.g., more frequent bathroom cleaning due to incontinence, frequent dusting due to asthma, etc.), then mark the time needed in the columns below. See section II of the Fair Hearing and Self-Assessment Packet for more information.								
<u>I. DOMESTIC SERVICES</u>								
a. Sweeping and Vacuuming								
b. Washing kitchen counters								
c. Cleaning oven and stove								
d. Cleaning and defrosting refrigerator								
e. Cleaning bathroom								
f. Storing food and supplies								
g. Taking out garbage								
h. Dusting and picking up								
i. Bringing in fuel for heating or cooking purposes from a fuel bin in yard, miscellaneous								
j. Changing bed linens								
k. Miscellaneous								
Total Domestic Services								
SERVICES	DAYS							WEEKLY

Updated 4/09

I.H.S.S. Services

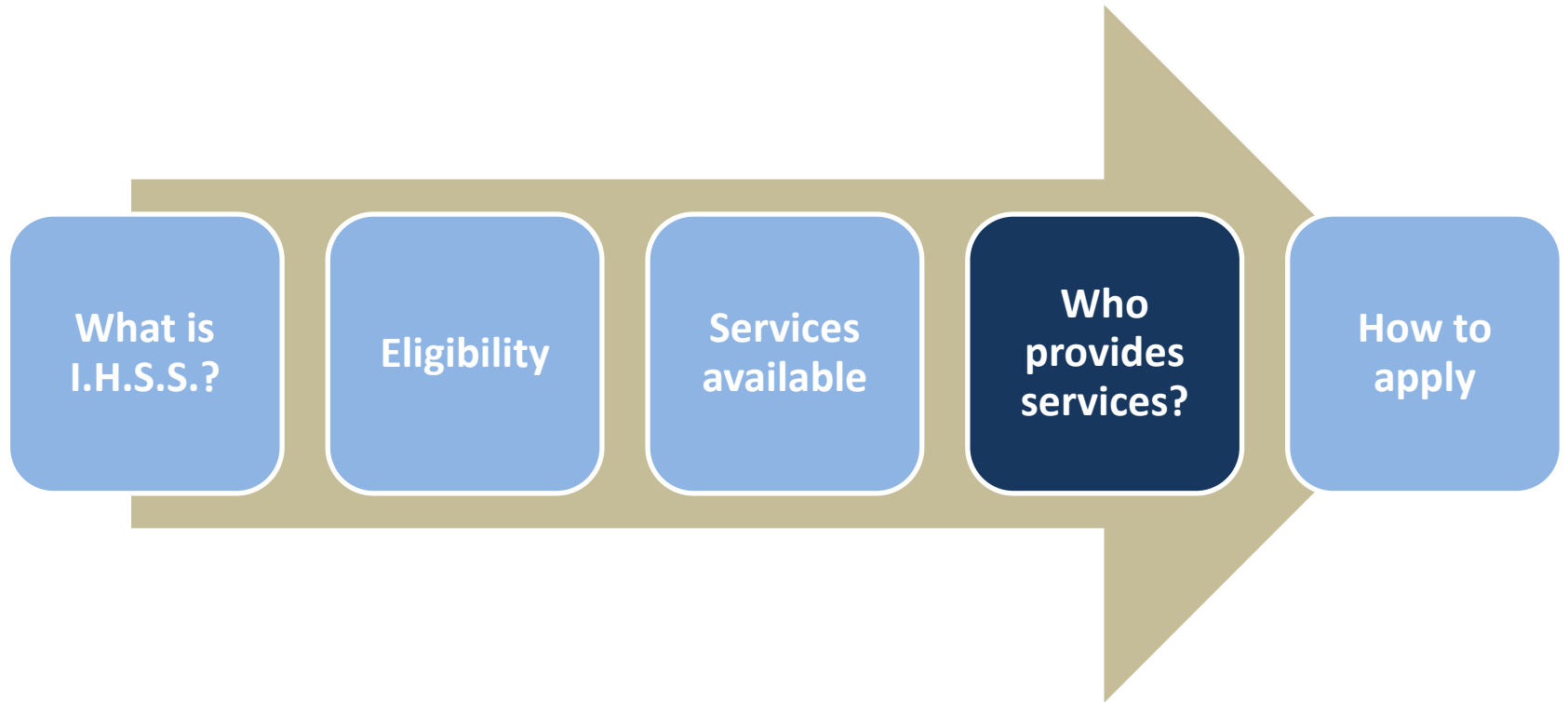
- **Domestic Services** (not for children)
 - cleaning; sweeping; dusting; taking trash out, etc.
- **Related Services**
 - meal preparation; meal planning and cleanup; laundry; including ironing and putting items away; food shopping.
- **Personal Care Services**
 - assistance with feeding; dressing; grooming; bathing; toileting; bowel and bladder, getting in and out of bed.

More I.H.S.S. Services

- **Accompaniment to Doctor**
 - or to alternative sources of services, such as a day program.
- **Paramedical Services**
 - injections; range-of-motion exercises, etc.
- **Protective Supervision**
 - monitoring a cognitively or mentally impaired individual to safeguard from injury or hazard.



Who Can Provide I.H.S.S. Services?



Requirements to Be an I.H.S.S. Provider

- Potential provider must be an adult
- Legally authorized to work in the U.S. (Have a valid S.S.N.)
- Pass a background check
- Attend a mandatory on-site orientation



Who Provides Training and Supervision for I.H.S.S. Workers?

Typically, the recipient of I.H.S.S. services provides training and supervision of the workers, but if the individual is unable to do so, then it becomes the responsibility of the parent, guardian, or other I.H.S.S. workers.

When Can a Parent Be Paid as an I.H.S.S. Provider?

- If the parent quit his or her job, or can't work full-time because he or she must care for the disabled child, AND
- If no other suitable care provider is available (willing and able), AND
- If the child is at risk of out-of-home placement or inadequate care.
- If both the parents live in the home, one parent may get paid when the other parent is working, in school, sleeping, or disabled.

How Do I Apply for I.H.S.S.?

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How to Apply in Los Angeles County

- The consumer or someone acting for the consumer should call **1-888-944-IHSS (4477)** to apply.



- For other counties in California, see this site:

<http://www.cdss.ca.gov/agedblinddisabled/PG1785.htm>

What Happens Next?

- Social worker will make an appointment to meet consumer at home, talk about the medical condition, living arrangement and any help the consumer might be getting from family, friends or others.
- Social worker will also ask how often the consumer needs certain help and may consult with their doctor to verify medical condition.
- Social worker will send a notice of action approving or denying I.H.S.S., in what amounts for each area, and the law/regulation relied on.

Resources

In-Home Supportive Services Nuts and Bolts

<http://www.disabilityrightsca.org/pubs/547001.pdf>

All-County Letter (ACL) No. 98-87, Regarding Protective Supervision

<http://www.dss.cahwnet.gov/lettersnotices/entres/getinfo/acl98/98-87.PDF>

All-County Letter (ACL) No. 15-25, Regarding Protective Supervision

<http://www.cdss.ca.gov/lettersnotices/EntRes/getinfo/acl/2015/15-25.pdf>

Self-Assessment Packet from DRCA - English and Spanish

<http://www.disabilityrightsca.org/pubs/501301.pdf>

<http://www.disabilityrightsca.org//pubs/501302.pdf>

More Resources

SOC821 Assessment of Need

<http://www.dss.cahwnet.gov/cdssweb/entres/forms/English/SOC821.PDF>

SOC321 Request for Paramedical Services

<http://www.dss.cahwnet.gov/cdssweb/entres/forms/english/soc321.pdf>

SOC825 24 Hours Protective Supervision - English and Spanish

<http://www.dss.cahwnet.gov/cdssweb/entres/forms/English/soc825.pdf>

<http://www.cdss.ca.gov/cdssweb/entres/forms/Spanish/soc825sp.pdf>

SOC873 Health Care Certification Form - English and Spanish

<http://www.cdss.ca.gov/cdssweb/entres/forms/English/SOC873.pdf>

<http://www.cdss.ca.gov/cdssweb/entres/forms/Spanish/SOC873SP.pdf>

And More Resources

What In-Home Supportive Services Recipients Should Know About Home Visits – English and Spanish

<http://www.disabilityrightsca.org/pubs/549401.pdf>

<http://www.disabilityrightsca.org/pubs/549402.pdf>

IHSS Protective Supervision Publication from DRCA - English and Spanish

<http://www.disabilityrightsca.org/pubs/549301.pdf>

<http://www.disabilityrightsca.org/pubs/549302.pdf>

In-Home Supportive Services (IHSS) Overtime Exemptions

<http://www.disabilityrightsca.org/pubs/558501.pdf>

New Rules for IHSS: Overtime and Related Changes

<http://www.disabilityrightsca.org/pubs/558601.pdf>

Poll:

Do you now have a better understanding
of In-Home Supportive Services?



Ask Us a Question



Please type your questions
(Top-left corner of your Meeting Burner screen)

Thank you for attending and interacting!!



[UCEDD SlideShare
Page](#)



[UCEDD YouTube
Playlist](#)



Webinar Evaluation
Survey

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